

FOR IMMEDIATE RELEASE:
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Subject:

Union County COVID-19 Update: Sixth confirmed positive case identified in Union County

Today the Center for Human Development, Inc. (CHD) is reporting one new Union County case of the novel coronavirus known as COVID-19. The new case brings Union County's total to six. There have been no COVID-19 related deaths in Union County. Union County's total cases and other information can be found on the Oregon Health Authority (OHA) website: <https://govstatus.egov.com/OR-OHA-COVID-19>. This case will be reported on the website today.

This case was a contact to a confirmed case. CHD is working to contact and isolate or quarantine those who may have been in close contact with this individual. A close contact is defined as anyone within 6 feet of the individual for more than 15 minutes. If you are identified through this investigation as someone that may be at risk for COVID-19 public health will contact you.

Last Friday Union County entered into Phase 1 of reopening which allows limited reopening of restaurants and bars, personal services, gyms, and malls along with gatherings of up to 25 people for recreational, social, cultural, civic or faith events that meet physical distancing requirements. "As we continue through Phase 1 and people begin to interact more with others outside of their household, it is inevitable that we will see additional cases of COVID-19" states Carrie Brogoitti, Public Health Administrator at CHD. "As a result, our focus going forward is to reduce the spread which we can do if people stay home when they are sick and isolate or quarantine when asked." Detailed Phase 1 guidance for all applicable sectors can be found in its entirety at <https://govstatus.egov.com/or-covid-19>.

Physical distancing is one of the most effective strategies we have to keep COVID-19 at bay and keep Union County open. Your risk of contracting the virus can be reduced by limiting contact with people outside of your household and maintaining six feet of distance from others when you leave your home for essential needs. The CDC and OHA are now also recommending the use of cloth face coverings when leaving your home for essential purposes.

Union County residents should continue to use the following basic prevention strategies:

- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Cover your mouth and nose when you cough or sneeze.
- Stay home if you feel ill.

The primary symptoms of COVID-19 include fever, cough, and shortness of breath, but other symptoms can include chills, repeated shaking with chills, muscle pain, headache, sore throat, and new loss of taste or smell. Many people with COVID-19 symptoms recover at home without seeing a healthcare provider. If you feel sick enough to need a medical care, call your doctor's office. If it is an emergency, call 911.

If you need further information, please visit our webpage www.chdinc.org/covid19 or call 211 or 971-673-1111.