

NE Oregon Joint Information Center

Union and Wallowa Counties



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For Immediate Release

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May 12, 2020 16:00

La Grande, Oregon – As the Governor considers lifting restrictions, it is important to remember health and hygiene advice that slows the spread of illness applies now more than ever. While Union County may enter Phase 1 as soon as this Friday, it will be the collective actions we take that will allow us to stay in Phase 1 and move on to Phase 2. Actions such as frequent handwashing, staying home if you are sick, covering coughs and sneezes with your elbow or a tissue, and avoid touching your face should become a part of our daily lives. If you are at high risk of severe complications such as those over age 60 or have underlying medical conditions, you may want to consider staying home and maintaining strict physical distancing even if the County is allowed to enter Phase 1. Each individual will need to evaluate their risk factors and their risk tolerance as we move through the phased reopening.

- If you are sick, stay home to keep others from getting sick.
- Practice good hygiene with frequent handwashing.
- Cover coughs and sneezes with your elbow or a tissue.
- Avoid touching your face.
- Maintain physical distancing of at least six feet between you and people who you do not live with.
- Use a cloth face covering in instances where you cannot maintain physical distancing.
- Stay close to home by avoiding overnight trips and other non-essential travel, including recreational day trips, to destinations outside the community where you live.
- If you have a medical emergency you should immediately seek emergency care.
- If you think you may need medical attention, you should contact your health care provider.

Union County remains at four confirmed cases of COVID-19, of which three have been classified by Oregon Health Authority as recovered. Wallowa County remains with one confirmed case, who has been classified as recovered. Oregon Health Authority is reporting a total of 3,358 confirmed and presumptive cases, and 130 deaths statewide.

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